

# SPRING CLASSES 2024

March 4, 2024-April 26, 2024

*Most classes meet once a week.*  
Check beginning and end dates carefully.

## MONDAY

### **SM1** GENTLE CHAIR YOGA

*Emme Shapiro*

For Course Description see page 3.

**9:00-10:00 AM**  
**Six sessions**

**Mondays**  
**Members \$70**

**Begins: 3/4**  
**Non-Members \$80**

**Ends: 4/8**

**Note:** Students can join at any time on a pro-rated basis if space permits.

### **SM2** ADVANCED INTERMEDIATE BRIDGE

*Larry Auerbach*

For Course Description see page 13.

**1:00-2:30 PM**  
**Four sessions**

**Mondays**  
**Members \$60**

**Begins 3/4**  
**Non-Members \$70**

**Ends: 3/25**

### **SM3** HOLLYWOOD ICONS THROUGH THE DECADES (1990s-2010s)

*Gus Mollasis*

Three iconic Hollywood films, one from the 1990s, one from the 2000s, and one from the 2010s depicting stars, directors and great films that have stood the test of time will be viewed and discussed. These decades produced enduring classics and new technologies. Gus selects different films from the decades every season in this popular film viewing course with plenty of enthusiastic discussions!

*See Biographical Sketch on page 4.*

**1:00-4:00 PM**  
**Four sessions**

**Mondays**  
**Members \$75**

**Begins: 3/4**  
**Non-Members \$85**

**Ends: 4/1**

**Note:** No class Monday, March 18

*Some courses that are offered in February are extended by student demand, or new courses are added in the spring line-up after the brochure printing. Please inquire at the office for updated spring scheduling, check our website, [www.tbieducationcenter.org](http://www.tbieducationcenter.org), email us at [edcenter@longboatkeytemple.org](mailto:edcenter@longboatkeytemple.org) or call (941) 383-8222*

## MONDAY (CONT.)

### **SM4** MIXED BEGINNERS BRIDGE

*Larry Auerbach*

This course combines players from Larry's Beginning Bridge I who have some knowledge of the game and advanced beginners. Basics will be reviewed and developed.

*See Biographical Sketch on page 3.*

**3:00-4:30 PM**                      **Mondays**                      **Begins: 3/4**                      **Ends: 3/25**  
**Four sessions**                      **Members \$60**                      **Non-Members \$70**

## TUESDAY

### **ST1** QIGONG FOR HEALTH & VITALITY

*Dr. Brian Nell*

For Course Description see page 4.

**9:00-10:00 AM**                      **Tuesdays**                      **Begins: 3/5**                      **Ends: 4/9**  
**Six sessions**                      **Members \$70**                      **Non-Members \$80**

**Note:** Students can join at any time on a pro-rated basis if space permits.

### **ST2** LET'S GO BIRDING!

*Kathy Doddridge*

For Course Description see page 14.

**9:00-10:30 AM**                      **Tuesdays**                      **Begins: 3/5**                      **Ends: 3/26**  
**Four sessions**                      **Members \$85**                      **Non-Members \$95**

### **ST3** MEMORABLE MOVIE SCENES—*To Enjoy Again!*

*Gus Mollasis*

For Course Description see page 16.

**1:00-2:30 PM**                      **Tuesdays**                      **Begins: 3/5**                      **Ends: 4/9**  
**Six sessions**                      **Members \$95**                      **Non-Members \$105**

**Note:** We will pro-rate number of classes desired, space permitting.

### **ZOST4** EXPRESS YOURSELF THROUGH WRITING

*Zoom Only Ronni Miller*

For Course Description see page 16.

**1:00-3:00 PM**                      **Tuesdays**                      **Begins: 3/5**                      **Ends: 3/26**  
**Four sessions**                      **Members \$75**                      **Non-Members \$85**

### **ST5** AT THE MOVIES

*Gus Mollasis*

For Course Description see page 5.

**3:00-4:30 PM**                      **Tuesdays**                      **Begins: 3/5**                      **Ends: 4/9**  
**Six sessions**                      **Members \$95**                      **Non-Members \$105**

**Note:** We will pro-rate number of classes desired, space permitting.

*Lecture Series 2024 continues through March every Tuesday at 3 PM.  
See pages 46 and 47. Email [edcenter@longboatkeytemple.org](mailto:edcenter@longboatkeytemple.org) or call  
(941) 383-8222 for reservations.*

## WEDNESDAY

**SW1**

**MIXED LEVELS YOGA—*Flowing With Grace***

★ **NEW**

*Harriet Roberts*

For Course Description see page 5.

**9:00-10:00 AM**

**Wednesdays**

**Begins: 3/6**

**Ends: 4/10**

**Six sessions**

**Members \$70**

**Non-Members \$80**

**Note:** Students can join at any time on a pro-rated basis if space permits.

**SW2**

**MINDFULNESS MEDITATION**

*Ruth Fishel*

For Course Description see page 18.

**9:00-10:30 AM**

**Wednesdays**

**Begins: 3/6**

**Ends: 3/27**

**Four sessions**

**Members \$75**

**Non-Members \$85**

**SW3**

**WATERCOLOR, ACRYLICS, PASTELS, OILS**

*Renee DiNapoli*

For Course Description see page 5.

**9:00-11:30 AM**

**Wednesdays**

**Begins: 3/6**

**Ends: 3/27**

**Four sessions**

**Members \$165**

**Non-Members \$175**

**SW4**

**YOU'VE GOT TO SEE THIS MOVIE!—*STREAM IT!***

*Kathie Moon*

**ZASW4**

**Zoom Available**

For Course Description see page 22

**1:00-2:30 PM**

**Wednesdays**

**Begins: 3/6**

**Ends: 4/10**

**Six sessions**

**Members \$95**

**Non-Members \$105**

**Note:** We will pro-rate number of classes desired, space permitting.

**SW5**

**YOU'VE GOT TO SEE THIS MOVIE!**

*Kathie Moon*

For Course Description see page 6.

**3:00-4:30 PM**

**Wednesdays**

**Begins: 3/6**

**Ends: 4/10**

**Six sessions**

**Members \$95**

**Non-Members \$105**

**Note:** We will pro-rate number of classes desired, space permitting.

## THURSDAY

**SR1**

**NORDIC WALKING**

★ **NEW**

*E.L. "Sam" DiGiammarino, Jr.*

For Course Description see page 7.

**9:00-10:30 AM**

**Thursdays**

**Begins: 2/29**

**Ends: 3/21**

**Four sessions**

**Members \$55**

**Non-Members \$65**

**Note:** Students can join on a pro-rated basis if space permits.

## THURSDAY (CONT.)

### **SR2** THE NATURE OF LONGBOAT KEY

*Elliot Prout*

For Course Description see page 6.

**9:00-10:30 AM**      **Thursdays**      **Begins: 2/29**      **Ends: 3/21**  
**Four sessions**      **Members \$85**      **Non-Members \$95**

### **SR3** HOMEGROWN— *Artists Who Thrived in the Sunshine State*

★ **NEW**

*Kevin Costello*

### **ZASR3** Zoom Available

The National Endowment of the Arts tells us “a great nation deserves great art.” The same can be said for a great state. Lost in the storm of development, tourism, and the slow drizzle of time is the fact that Florida has an art history that qualifies as “great.” From 1930 to 1960, in terms of number of artists and art associations alone, this state was home to the largest art community in the country. James Rosenquist, Clyde Butcher, the Highwaymen, George Innes Jr., Robert Rauschenberg, Augusta Savage, and Purvis Young are just some whom we can claim as “Florida” artists. In this PowerPoint presentation you will examine our homegrown artists and see Florida through their unique perspectives.

*See Biographical Sketch on page 12.*

**11:00 AM-12:30 PM**      **Thursdays**      **Begins 3/7**      **Ends: 3/14**  
**Two sessions**      **Members \$40**      **Non-Members \$50**

### **SR4** THE AMERICAN CIVIL WAR

★ **NEW**

*George Stassa, M.D.*

This course will explore the basis for the rebellion, its effect on the women, the home front, the African Americans, politics, and significant turning points, including why the South lost and the aftermath of the war. This conflict divided America but also created a very different America.

*See Biographical Sketch on page 32.*

**3:00-4:30 PM**      **Thursdays**      **Begins: 3/7**      **Ends: 3/14**  
**Two sessions**      **Members \$40**      **Non-Members \$50**

## FRIDAY

### **SF1** MORNING FORUMS

*Ed Dwyer, Ph.D.*

For Course Description see page 33.

**9:00-10:30 AM**      **Fridays**      **Begins: 3/1**      **Ends: 3/22**  
**Four sessions**      **Members \$80**      **Non-Members \$90**

### **SF2** OSCAR HAMMERSTEIN II: *Lyrical Legend*

★ **NEW**

*Susan Benjamin*

Oscar Hammerstein was born into a storied theatre family; yet, following his father’s wishes, he tried to become a lawyer. However, theatre was his calling and, with a number of collaborators, he re-shaped and re-defined the American art form of musical theatre. This two-part program features some of Oscar’s most memorable work from *Showboat* to *South Pacific* to *The Sound of Music* combined with explanations of how his personal life led to writing songs that read like poetry.

*See Biographical Sketch on page 37.*

**1:00-2:15 PM**      **Fridays**      **Begins: 3/1**      **Ends: 3/8**  
**Two sessions**      **Members \$40**      **Non-members \$50**

## FRIDAY (CONT.)

### **SF3** GUIDED AUTOBIOGRAPHY

*Melissa Kotler Schwartz*

For Course Description see page 38.

**1:00-2:30 PM**

**Four sessions**

**Fridays**

**Members \$80**

**Begins: 3/1**

**Non-Members \$90**

**Ends: 3/22**

### **SF4** INTERMEDIATE BRIDGE I

*Larry Auerbach*

For Course Description see page 37.

**1:00-2:30 PM**

**Four sessions**

**Fridays**

**Members \$60**

**Begins: 3/1**

**Non-Members \$70**

**Ends: 3/22**

### **SF5** INTERMEDIATE BRIDGE II

*Larry Auerbach*

For Course Description see page 41.

**3:00-4:30 PM**

**Four sessions**

**Fridays**

**Members \$60**

**Begins: 3/1**

**Non-Members \$70**

**Ends: 3/22**

## *ALL NEW One-Time Special Friday Programs*

**11:00 AM-12:30 PM**

**MARCH 1**

### **SPF1** BUY ART—*Buy Smart*

*Igor Levchenko*

### **ZASPF1** Zoom Available

In this lecture you will learn the four most important aspects of art evaluation.

1. Attribution and Provenance—You will learn how to properly understand who painted particular item and where it originated.
2. Restoration—How does restoration affect the value of art? Learn how proper restoration can increase the value of your investment.
3. Navigating Specific Art Schools and Styles—How does one determine how talented a specific artist is? How can you distinguish fake from authentic art?
4. smART—You will learn the safe and smart way to invest in art, including how to start your own collection.

Igor, professional artist, and art restoration expert will be happy to answer all your questions.

*Igor Levchenko has a master's degree in art history, restoration, and conservation of fine art paintings, icons, and frescos from the Boychuk Academy of Art and Design in Kyiv (formerly Kiev), Ukraine. He worked as an artist and fine art restorer in Nuremberg, Germany, and implemented restoration of frescos and decorative motifs at the Greek Catholic Ukrainian church in North Port, Florida. He currently has a shop in Sarasota on Pineapple Avenue, the 510/Gallery. He also works with Sarasota Estate Auction and Sarasota Trading Company, offering his art expertise and doing fine art restoration.*

**11:00 AM-12:30 PM MEMBERS \$20 NON-MEMBERS \$25**

**Per Person, Per Program**

**Registration is required for all lectures.**

Register online at [www.tbieducationcenter.org](http://www.tbieducationcenter.org),  
email [edcenter@longboatkeytemple.org](mailto:edcenter@longboatkeytemple.org) or call (941) 383-8222

## One-Time Special Friday Programs (CONT.)

11:00 AM-12:30 PM

### MARCH 8

**SPF2**

#### **THE GLOBAL RISE OF AUTHORITARIANISM**

*Dale Anderson, M.D.*

**ZASPF2**

**Zoom Available**

Global freedom (and democracies) declined for the 17th consecutive year in the 2023 report by Freedom House. What is driving this rise of authoritarianism? How are authoritarians achieving power? And what does it mean for our global future? Dr. Dale Anderson will discuss the issues and provide a perspective on the ongoing assault on the U.S. democracy.

*Dr. Dale Anderson received his M.B.A. from Iowa State University School of Business and his M.D. from Northwestern University Medical School in Chicago, Illinois. As a physician, his career has included the practice of internal and emergency medicine, CEO of a large Midwestern medical group practice, hospital executive in large health systems in New Mexico and Ohio, and consultant with a Miami-based health care strategy company. He has served as president of the Unitarian Universalist Church of Sarasota and sits on the National Unitarian Universalists for Social Justice board. He also currently serves as the president of the Sarasota Concert Association. He has presented locally on a variety of subjects dealing with fascism and authoritarianism.*

### MARCH 15

**ZOSPF3**

#### **GHOSTWRITER**

**Zoom Only** *Gail Harris*

Ghostwriters, we have all heard of them, but what do they really do? In a nutshell, they are paid to write somebody else's book. Surprisingly, many traditional publishing houses admit that 70 percent of their books have been written by a ghostwriter. In this presentation, an industry-expert gives you the inside scoop on her craft. She will share the methods she uses to help authors tell their stories in the most compelling, marketable way. She'll discuss the differences between writing your own book and working with a ghostwriter, how she draws out information from her clients, and what she includes—or doesn't include—in their memoirs. Gail believes sharing our life stories is a cathartic experience. Learn about the changing publishing industry, and why, since COVID, more people are writing their memoirs than ever before. Bring your curiosity and questions.

*Gail Harris is an IPNE (Independent Publishers of New England) Book Award Finalist for writing Finding Zoe, a memoir by a former Miss Deaf America. She is a certified ghostwriter with master's level credentials and author of the personal growth book, Your Heart Knows the Answer. Gail's passion is working with women who have risen above life's challenges and are ready to turn their journeys into captivating memoirs. She is founder and owner of her own company, Golden Ghostwriting.*

**11:00 AM-12:30 PM MEMBERS \$20 NON-MEMBERS \$25**

**Per Person, Per Program**

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