

SPRING CLASSES 2023

March 1, 2022-April 28, 2023

Most classes meet once a week.
Check beginning and end dates carefully.

MONDAY

SM1 GENTLE CHAIR YOGA

Emme Shapiro

For Course Description see page 3.

9:00-10:00 AM
Six sessions

Mondays
Members \$70

Begins: 3/6
Non-Members \$80

Ends: 4/10

Note: Students can join at any time on a pro-rated basis if space permits.

SM2 ADVANCED INTERMEDIATE BRIDGE

Larry Auerbach

For Course Description see page 11.

1:00-2:30 PM
Four sessions

Mondays
Members \$60

Begins 3/6
Non-Members \$70

Ends: 3/27

SM3 HOLLYWOOD ICONS THROUGH THE DECADES (1990s-2010s)

Gus Mollasis

ZASM3 Zoom Available

Three iconic Hollywood films, one from the 1990s, one from the 2000s, and one from the 2010s depicting stars, directors and great films that have stood the test of time will be viewed and discussed. These decades produced enduring classics and new technologies and created a landscape where men like Clint Eastwood still ride high in the saddle and a woman named Streep dominate the award seasons year after year.

See Biographical Sketch on page 4.

1:00-4:00 PM
Four sessions

Mondays
Members \$75

Begins: 3/6
Non-Members \$85

Ends: 4/3

Note: No class Monday, March 20

Some courses that are offered in February are extended by student demand, or new courses are added in the spring line-up after the brochure printing. Please inquire at the office for updated spring scheduling, check our website, www.tbieducationcenter.org or call (941) 383-8222

MONDAY (CONT.)

SM4 LIGHTROOM — *The Ultimate Editing and Organizing Tool* *Wayne Eastep*

Learn how Lightroom can meet all your editing, organizing, storing, and sharing needs for your digital images taken with your iPhone camera, an Android phone/camera, or a regular digital SLR camera. Think of Lightroom as a modern “digital” darkroom where you can process and make infinite adjustments to your images. Additionally, Lightroom is a robust way to organize your images so you can find them quickly and share them in all the ways you need in the digital era. From Lightroom you can take your images into a publishing service and also prepare your images for print. Lightroom is the central place to do all the things you need to achieve with your digital images. This course is an introductory one for beginners or for those who want to review, in depth, what they learned about Lightroom in Wayne’s iPhone camera course, see page 42.

See Biographical Sketch on page 40.

1:00-3:00 PM **Mondays** **Begins: 3/6** **Ends: 3/13**
Two sessions **Members \$50** **Non-Members \$60**

SM5 MIXED BEGINNERS BRIDGE *Larry Auerbach*

This course combines Beginning Bridge I for players with some knowledge of the game and Beginning Bridge II for advanced beginners. Basics will be reviewed and developed.

See Biographical Sketch on page 3.

3:00-4:30 PM **Mondays** **Begins: 3/6** **Ends: 3/27**
Four sessions **Members \$60** **Non-Members \$70**

TUESDAY

ST1 QIGONG FOR HEALTH & VITALITY *Dr. Brian Nell*

For Course Description see page 4.

9:00-10:00 AM **Tuesdays** **Begins: 3/7** **Ends: 4/11**
Six sessions **Members \$70** **Non-Members \$80**

Note: Students can join at any time on a pro-rated basis if space permits.

ST2 LET’S GO BIRDING! *Kathy Doddridge*

For Course Description see page 14.

9:00-10:30 AM **Tuesdays** **Begins: 3/7** **Ends: 3/28**
Four sessions **Members \$85** **Non-Members \$95**

ST3 MEMORABLE MOVIE SCENES — *To Enjoy Again!* *Gus Mollasis*

ZAST3 Zoom Available

For Course Description see page 16.

1:00-2:30 PM **Tuesdays** **Begins: 3/7** **Ends: 4/11**
Six sessions **Members \$95** **Non-Members \$105**

Note: We will pro-rate number of classes desired, space permitting.

TUESDAY (CONT.)

ZOST4 EXPRESS YOURSELF THROUGH WRITING

Zoom Only *Ronni Miller*

For Course Description see page 16.

1:00-3:00 PM **Tuesdays** **Begins: 3/7** **Ends: 3/28**
Four sessions **Members \$85** **Non-Members \$95**

ST5 AT THE MOVIES

Gus Mollasis

ZAST5 Zoom Available

For Course Description see page 5.

3:00-4:30 PM **Tuesdays** **Begins: 3/7** **Ends: 4/11**
Six sessions **Members \$95** **Non-Members \$105**

Note: We will pro-rate number of classes desired, space permitting.

*Lecture Series 2023 continues through March every Tuesday at 3 PM.
See pages 50 and 51. Call (941) 383-8222 for reservations.*

WEDNESDAY

SW1 YOGA POTPOURRI

Bianca Clyburn and Tama Tasley

For Course Description see page 5.

9:00-10:00 AM **Wednesdays** **Begins: 3/1** **Ends: 4/5**
Six sessions **Members \$70** **Non-Members \$80**

Note: Students can join at any time on a pro-rated basis if space permits.

SW2 MINDFULNESS MEDITATION

Ruth Fishel

For Course Description see page 17.

9:00-10:30 AM **Wednesdays** **Begins: 3/1** **Ends: 3/22**
Four sessions **Members \$75** **Non-Members \$85**

SW3 WATERCOLOR, ACRYLIC, PASTELS, OILS, AND DRAWING

Renee DiNapoli

For Course Description see page 5.

9:00-11:30 AM **Wednesdays** **Begins: 3/1** **Ends: 3/22**
Four sessions **Members \$165** **Non-Members \$175**

SW4 YOU'VE GOT TO SEE THIS MOVIE! — *STREAM IT!*

Kathie Moon

ZASW4 Zoom Available

For Course Description see page 21.

1:00-2:30 PM **Wednesdays** **Begins: 3/1** **Ends: 4/5**
Six sessions **Members \$95** **Non-Members \$105**

Note: We will pro-rate number of classes desired, space permitting.

WEDNESDAY (CONT.)

SW5

YOU'VE GOT TO SEE THIS MOVIE!

Kathie Moon

ZASW5

Zoom Available

For Course Description see page 6.

3:00-4:30 PM
Six sessions

Wednesdays
Members \$95

Begins: 3/1
Non-Members \$105

Ends: 4/5

Note: We will pro-rate number of classes desired, space permitting.

THURSDAY

SR1

SLOW FLOW YOGA

Bianca Clyburn

For Course Description see page 6.

9:00-10:00 AM
Six sessions

Thursdays
Members \$70

Begins: 3/2
Non-Members \$80

Ends: 4/6

Note: Students can join at any time on a pro-rated basis if space permits.

FRIDAY

SF1

MORNING FORUMS

Ed Dwyer, Ph.D.

For Course Description see page 35.

9:00-10:30 AM
Four sessions

Fridays
Members \$80

Begins: 3/3
Non-Members \$90

Ends: 3/24

SF2

LEONARD BERNSTEIN — *American Maestro*

Susan Benjamin

ZASF2

Zoom Available

Leonard Bernstein's talents and contributions to our cultural world made him seem as if he were at least seven people: classical composer, musical theater composer, conductor, pianist, teacher, TV personality, and author. His musical theater work alone, ranging from *Candide* to *On the Town* to *West Side Story* and more, helped to define American music in the 20th century. This two-part program highlights his multi-faceted contributions juxtaposed with his complicated person life.

See *Biographical Sketch* on page 39.

1:00-2:15 PM
Two sessions

Fridays
Members \$40

Begins: 3/3
Non-Members \$45

Ends: 3/10

SF3

INTERMEDIATE BRIDGE I

Larry Auerbach

For Course Description see page 39.

1:00-2:30 PM
Four sessions

Fridays
Members \$60

Begins: 3/3
Non-Members \$70

Ends: 3/24

SF4

INTERMEDIATE BRIDGE II

Larry Auerbach

For Course Description see page 41.

3:00-4:30 PM
Four sessions

Fridays
Members \$60

Begins: 3/3
Non-Members \$70

Ends: 3/24

One-Time Special Friday Programs

11:00 AM-12:30 PM

MARCH 3

SPF1

TAKING HUMANITY TO A HIGHER LEVEL

Joe Simonetta

ZASPF1

Zoom Available

Humanity has always had problems, but their scale, complexity, and severity are unprecedented and growing as we add more than a million and a half people to our global population every seven days! In this talk, which encompasses cosmology, evolutionary biology, and the world of religion, Joe Simonetta explains that our mental infrastructure—responsible for our primitive behavior and our antiquated, divisive, and dysfunctional religious beliefs—is outdated for the world we occupy today. We need a new understanding of the reality in which we exist. Time is running out if we and all the other life-forms that share this jewel of a planet are going to survive. Taking humanity to a higher level includes understanding that what is sacred in our lives is that which, at our peril, we cannot violate, damage, dishonor, or destroy. Joe will invite the audience to participate and share ideas.

Joe Simonetta is the author of seven books. Titles include Interconnected, Interrelated & Interdependent World—Like it or Not and 7 Words That Can Change The World—The Simple Truth & The Death of Sacred Cows. He writes books for humanists, progressives, freethinkers, agnostics, atheists, skeptics, and the like. Check out his website at <https://joesimonetta.com>. He holds a BS in business from Penn State University, an MA in architecture from the University of Colorado and an MA from Harvard Divinity School where he studied ethics, global environmental issues, world belief systems, cosmology, and evolutionary biology. He has been a U.S. Army officer, professional athlete (tennis), entrepreneur and businessman, architect, real estate developer, home builder, environmental activist, and senior editor of the World Business Academy.

MARCH 10

SPF2

DOMINIQUE MORISSEAU — *She Ain't Too Proud!*

Travis Ray

ZASPF2

Zoom Available

This lecture will specifically highlight Dominique Morisseau, one of the hottest female playwrights today and recipient of the prestigious MacArthur grant. She is also the Tony nominated book writer on the new Broadway musical hit *Ain't Too Proud—The Life and Times of the Temptations* (Imperial Theatre). She has written a slew of other dramas such as *Detroit '67*, *Paradise Blue*, *Pipeline*, *Skeleton Crew*, and *Sunset Baby*. Travis will highlight Morisseau's life and delve deeply into each play with clips from the production and investigate its contemporary impact on the America theatre today.

Travis Ray earned a BA in theatre performance from Alabama State University. He also holds an MFA in theatre management and arts administration from the University of Alabama. He is currently associate managing director at Sarasota's popular Westcoast Black Theatre Troupe (WBTT) and recently directed stage readings of Morisseau's plays Pipeline and Skeleton Crew at WBTT. He is also the owner of Dapper Bowtique, an online bow tie and accessories brand.

11:00 AM-12:30 PM MEMBERS \$15 NON-MEMBERS \$20

Per Person, Per Program

Registration is required for all lectures.

Register online at www.tbieducationcenter.org,
email edcenter@longboatkeytemple.org or call (941) 383-8222

One-Time Special Friday Programs

11:00 AM-12:30 PM

MARCH 17

SPF3

THE SOUL OF KAZAKHSTAN — *A Fascinating Country!*

Wayne Eastep

ZASPF3

Zoom Available

The apple originated in Kazakhstan, and the horse was first domesticated here 5,000 years ago. Tulips originated here and were taken by Turkish traders to Amsterdam in the 16th century. Women have been political and military leaders for more than 2,500 years. The northernmost route of the Silk Road crossed Kazakhstan, and the northern range of the Himalayas terminates in Kazakhstan. Wayne Eastep, documentary photographer, with an eye for magnificent places and remarkable people, spent five years researching and one year working in the fascinating country of Kazakhstan to produce the seminal book, *The Soul of Kazakhstan*, which explores the culture of this historically important country. There are approximately 130 ethnic groups living peacefully together in Kazakhstan, a vast, landlocked country bordered by Russia, Uzbekistan, Turkmenistan, Kyrgyzstan, and China. In 1991 it declared independence from the Soviet Union and today holds a significant political and economic importance for the United States, China, and Russia. This multi-media presentation, with spectacular photos, will give you a beautiful and informative look into this distant land. After his presentation Wayne will take questions and share in conversation about his experiences. Wayne will have his book available for sale and signing.

See Biographical Sketch on page 40.

MARCH 24

ZOSPF4

POLITICAL IS PERSONAL —

Zoom Only

Women's Voices in the Israeli-Palestinian Conflict

Sarah Arnd Linder

As with many other societal problems around the world, the Israeli-Palestinian conflict and its solution lacks the voices of women. Meet Sarah Arnd Linder, a Danish Jew, with an Israeli father, who has lived in Tel Aviv for 16 years, founder of Political is Personal—PiP—an initiative of in-depth interviews conducted with Israeli Jewish and Palestinian women, who share how their lives have been affected by the conflict and the political situation. A play of words from the famous slogan of the second-wave feminist movement “the personal is political” of the 70s, the name “Political is Personal” was chosen to show that the *political* has a direct as well as indirect effect on the *personal* lives of women in Israel and the Palestinian territories. In her talk Sarah will highlight the importance of women’s voices in an unfiltered, honest, and nuanced way. She will also feature examples of interviews conducted via PiP, which portray the conflict through women’s voices.

Sarah Arnd Linder studied history, sociology and writing at the New School in New York and then moved to Israel in 2006. She received her BA in government, diplomacy, and strategy at the Interdisciplinary Center (IDC), Herzliya, with majors in conflict resolution and international affairs and her master’s degree in Middle Eastern history at Tel Aviv University. She quickly developed an interest for the Israeli-Palestinian conflict from a gender perspective leading her to establish a Feminist Forum at the IDC in 2009 and Political is Personal in 2015.

11:00 AM-12:30 PM MEMBERS \$15 NON-MEMBERS \$20

Per Person, Per Program

Registration is required for all lectures.

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email edcenter@longboatkeytemple.org or call (941) 383-8222